



OCCUPATIONAL HEALTH

Monthly Newsletter April 2008

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◆ **NASA OH Conference 2008 Update:** [Registration](#) is open for the [2008 NASA Occupational Health Conference](#). The theme this year is *The Past: Key to Navigating the Future* and speakers throughout the week will talk about how the past affects our future in Occupational Health. The full [agenda](#) is online and features a broad range of Occupational Health speakers from government, academia, private corporations, and NASA. The Conference will be held in the Inner Harbor area of Baltimore, MD, at the [Radisson Plaza Lord Baltimore](#) hotel during the week of July 7-11. Each individual guest must make their own reservations by calling the hotel's toll free number 1-800-333-3333. All attendees must identify themselves as a participant attending the 2008 NASA OH Conference. Hotel room rate is \$155.00 + tax (government room rate). Last date to reserve rooms at the conference rate is **Friday June 13, 2008**.

◆ **Special Ergonomic Session at OH Conference:**

There will be a special Ergonomic Session at the OH Conference this year that will focus on sharing information between Centers regarding their respective Ergonomic Programs. Centers will be asked to provide short presentations on the status of their ergonomic program and bring written policies, procedures, and forms (job analysis) to share with other attendees. The session will be on Tuesday evening, July 8th, hosted by [Miriam Glazer](#).



◆ **Mayo Clinic [EmbodyHealth](#):** With 1,551 registrations and 1,451 completed HRAs, the 2008 Campaign is going strong.

Registrant type	Completed HRA
Civil Service Personnel	626
Contractor	799
Other	< 50
Total	1,451

In March, 302 HRAs were completed as a direct result of your out reach efforts. Mayo Clinic [EmbodyHealth](#) offers several on line behavior modifications programs, under the Improve Lifestyle Habits tab. These programs are perfect for busy professionals, self-motivated individuals, and those who are committed to personal privacy. Data shows a strong participation by the NASA employees. For example, 64 employees are participating in the fitness program, 148 in the healthy weight program, and 12 in smoke-free. For ideas on

ways and means of executing and promoting the Campaign in the NASA environment, please visit the [NASA HRA Toolkit](#).

◆ **HealthierYou 2008 Update:** We are posting new and interesting health education articles on the Mayo Clinic [EmbodyHealth](#) website under the NASA insignia. Our two latest articles are titled Diet and Metabolic Syndrome and Web-based Strategies: Are they successful in sustaining weight loss? The articles, in addition to being educational in nature, refer the readers to programs/web pages on the Mayo Clinic and the NASA Occupational Health websites.

◆ **EHRS Update:** The EHRS Project team continues to define clinical work flows. A ViTS with the Office of the Chief Information Officer (OCIO) is scheduled for late April to provide a briefing on the status of the [EHRS Project](#). The scope of the Presidents Management Agenda (PMA) Health Information (HI) Survey has increased for Q3 2007.

◆ **The OH Website [Food Safety](#) Topics Page has been Updated:** The page now features a section with the title "Latest News" which focuses on current topics related to food safety. An animated interactive ["FightBac Produce Safety"](#) icon was also added that illustrates how to keep produce safe. In addition, there are many resources and links listed to assist you with food safety guidance.



◆ **Register Now for the NASA Health Physics Conference:** The NASA Health Physics Conference is almost here (May 12-16), but it is not too late for attendees to [register](#). At the time of this newsletter over 40 personnel are registered to attend this triennial Conference sponsored by NASA OCHMO. All the information related to this current meeting and past HP meetings can be found on the [Conference Website](#), including the [agenda](#) and [hotel information](#).



◆ **2008 American Industrial Hygiene Conference and Exposition (AIHCE) IH Breakout Meeting:** In Minneapolis, MN on Monday June 2, NASA Center Industrial Hygienists (IHs) attending the [2008 AIHCE](#) will be meeting at the at the [Millennium Hotel](#) from 5:00 - 8:00 PM. Over 35 IHs gathered last year in Philadelphia at AIHCE 2007. If you have any questions regarding the meeting please contact [Bart Geyer](#).



◆ **NASA OH Center Review Calendar:**

- June 16-20 – Glenn Research Center
- ◆ **Upcoming Occupational Health ViTS:**
 - Occupational Medicine – May 6, 2:30-3:30 PM EDT
 - Health Physics – May 7, 11:00-12:00 PM EDT
 - Environmental Health – May 14, 11:00-12:00 PM EDT
 - Workers' Compensation – May 27, 11:00-12:00 PM EDT
 - EAP – May 27, 2:30-3:30 PM EDT

NASA OH Newsletter is published by the NASA OH Support Office

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