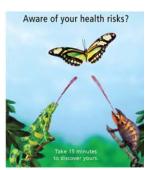


Monthly Newsletter February 2008

newsletter archives

• Mayo Clinic <u>EmbodyHealth</u>: The new Health Risk Assessment (HRA) Campaign began on February 18, 2008. The HRA will remain open through January 31, 2009 with a goal of completing 4,500 HRAs. The 2007 Campaign closed on February 8 with a total of 1,709 HRAs completed. The Unique Identifier remains - healthiernasa - one word, not case sensitive. The url remains www.nasahealthieryou.com. You may promote the HRA to all employees. Please place particular emphasis on the Civil Service employees to improve their

participation rate. The Agency Occupational Health will offer an incentive to the first 1.000 employees who complete the HRA in the new Campaign year. Last year's participants and winners are eligible. A Center-specific incentive, in addition to the Agency's offer, can enhance your participation rate. An analysis of the YTD HRA data will be presented at the HPW ViTS on June 12, 2008.



• U.S. Medicine Report: The January edition of U.S. Medicine Report features an article titled "NASA Medicine Focuses On Successful Human Space Flight" by Dr. Richard S. Williams. The article provides an update on the accomplishments of aerospace medicine and occupational health.

NASA Occupational Health Guidance

Documents Updated: Several technical documents have been recently updated and placed on the Policies page of the NASA OH Website. The updated documents include Guidance for Center AED Program 2007, Solar Safe, and Promoting Nutrition at NASA Centers. The Physical Examination Matrix G has been finalized and can be found on the Occupational Medicine page.

• HealthierYou 2008 Update: Please Mark Your Calendar! Susan Folkman, M.D. will present on the topic of caregiver stress on March 13, 2008 at 11:00am Eastern, the upcoming HPW ViTS.



EHRS Project Update: NASA has retained its green status on the President's Management Agenda (PMA) Federal Health Information Technology (HIT) Scorecard for the first quarter of fiscal year 2008. The EHRS Project team met this month with NASA IT to discuss the project status and NASA's security requirements.

Recognizing a New Certified Occupational Health Nurse-Specialist (COHN-S) Congratulations to

Kathleen Walter, on recently passing her COHN-S examination! Kathleen is the Chief Nurse at the Dryden Flight Research Center Clinic.



Recognizing a New Certified Professional

Ergonomist (CPE): Esau Perez, a Health and Safety professional who works for the United Space Alliance at KSC recently successfully completed his Certified Professional Ergonomist exam. A CPE is an individual who has satisfied both education and professional experience requirements in ergonomics and completed a difficult certification exam. Congratulations to Esau on this great professional achievement!

Radio Frequency (RF) Safety Course Coming

to MSFC: On April 13-14, an OCHMO sponsored 2 day RF course will be given at MSFC. This 2-day onsite course is designed to provide radio frequency safety training entailing the following topics: 1) physical characteristics, 2) significant sources, 3) health effects, 4) exposure guidelines, 5) hazard evaluation, 6) instrumentation and measurement, 7) control measures, and 8) programmatic requirements. Please contact Philip Brown at MSFC if you are in interested in attending, there is no registration cost associated with attending this course.

Register Now for the Triennial Health Physics (HP) Conference: Registration is now open for

the HP Conference scheduled for the week of May 12-16, 2008. This meeting is dedicated to the Radiation Protection Program at NASA and is a



unique and valuable opportunity to gather with Health Physics personnel from all across NASA. The agenda is designed to provide education and training, provide program and policy updates and provide a forum for discussion on a wide variety of both ionizing and non-ionizing Radiation topics. If you have suggestions for topics or are interested in presenting please contact Kurt Geber.

NASA Safety Directors and Occupational Health **Meeting:** The Office of Safety and Mission Assurance, Safety Assurance and Requirements Division, is sponsoring the NASA Safety Directors and Occupational Health Managers Meeting in Cocoa Beach, Florida, March 11 - 14, 2008. If you are planning on attending please register online for the meeting.

◆ NASA OH Conference 2008 Update: Conference plans are being finalized and the registration page will be open

soon for the annual conference held this year in Baltimore, MD,

July 7-11.



NASA OH Center Review Calendar:

- March 3 7 Stennis Space Center
- April 21 25 Michoud Assembly Facility
- Upcoming Occupational Health ViTS:
- Fitness Coordinators March 5, 2:30-4:00 PM EST
- Environmental Health March 12, 11:00-12:00 PM EDT
- Health Promotion March 13, 11:00-12:00 PM EDT

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