



OCCUPATIONAL HEALTH

Monthly Newsletter August 2005

◆ **Avian Flu Update:** The NASA Health Promotion and Wellness ViTS will be held on Thursday September 1, 2005, from 1:30-3:00 PM EDT. The entire ViTS is dedicated to the topic of Avian flu and will include a speaker from the Department of Health and Human Services (DHHS). Please mark your calendar and invite all interested parties to join.

◆ **Electronic Health Records (EHR) Project Update:** John Eckmann will be joining the Occupational Health Support Office staff as Health Informatics Specialist on October 3. He will assume the leadership for the Electronic Health Record System project. John has an MPH from the University of Oklahoma. His experience includes implementation, development, integration, and management of clinical information systems at a multistate physician practice system and a clinical research system in a university setting.

Dr. Hoffler attended the Indian Health Services (IHS) Clinician's Information Management and Technology Advisory Council meeting at their Headquarters in Albuquerque, NM. This group of clinical users met to discuss the present system, future concepts, and developmental and operational issues.

◆ **Ames Develops Online Ergonomic Training Available on SOLAR:** Three online ergonomic courses have been developed by Ames and are available on [SOLAR](#) for all NASA Centers to use. The three ergonomic courses are 1) Office ergonomics, 2) Industrial Ergonomics and 3) Lab Ergonomics. All 3 courses are split into 8 or 9 sections and are designed to familiarize the student with ergonomic issues relevant to the office, lab, and industrial work areas. Each course has a test at the end of the course to confirm learning objectives have been met. This is a great online training resource developed by Ames that could play a useful part in any Center's overall ergonomic training program.



Office Ergonomics



Lab Ergonomics



Industrial Ergonomics

◆ **HealthierNASA 2005 Update:** "[Tiny Bites](#)" concludes the prescribed activity components for *HealthierNASA 2005*. "Tiny Bites Total Big Calories" was developed as an online educational tool to assist with center wide health promotion and wellness efforts. It



briefly discusses several measures utilized to determine overweight and obesity. It also includes a simple exercise to assess caloric intake and expenditure. The tool is gender specific and assesses an individual's health standings based on the data provided. Also available, is the option to print the information in its entirety (female, male) or as a one page educational flyer

(female, male). We received a great deal of support from several disciplines within the Agency as well as expert opinions in the field of health promotion. We appreciate the feedback and assistance.

◆ **NASA Health Physics Conference Proceedings Now Available on CD:** All presentations from the conference held May 6-10, in Cocoa Beach FL have been put



onto one CD. In addition to all of the conference presentations, the CD contains many extras such as a list of attendees, additional handout materials and photos. All attendees will be receiving the CD. If you did

not attend, and would like a CD, please contact [Kurt Geber](#).

◆ **Request for Information on Your OH Related Center Events:** In an effort to display more content regarding the Center OH programs and the people behind the programs we would like to ask you to submit us information concerning an OH special event at your Center. For the submission we would ask for photos and a short write up summarizing the event or activity. A good example of this type of event would be a Center Fun Run, a Center Safety and Health Standown day, or a Health and Safety Fair with pictures of OH involvement. Here is a current example from [Goddard's Fun Run](#) last April. Please send your submission to [Sandra Kreer](#).



◆ **Radiation Policy Discussion:** The quarterly HP ViTS on September 9, will be dedicated to discussing the newly created draft NASA Agency Radiation policy. If you would like to review a copy of the draft policy please contact [Kurt Geber](#).

◆ **Nursing Spectrum, CE Direct:** Please inform your staff that when accessing Nursing Spectrum/CE Direct on [www.nursingspectrum.com](#) to indicate "Bionetics" as the sponsoring employer. Once in the system, NASA Occupational Health will appear as the provider office.



◆ **Upcoming EH ViTS Topics:** The October 19, EH ViTS will be on the topic of *Nanotechnology* and will feature international expert Andrew Maynard. A special EH ViTS scheduled for Nov 1, 2:00-3:00 PM EST will feature Alan Leibowitz, the chairman of the recently finalized *ANSI Z10 Occupational Health and Safety Management Systems* standard.

◆ **NASA OH Center Review Calendar:**

- October 24 - 26 – Headquarters

◆ **Upcoming Occupational Health ViTS:**

- Health Promotion ViTS – September 1, 1:30-3:00 PM EDT
- HP Quarterly ViTS – September 9, 12:30-2:30 PM EDT
- EH Monthly ViTS – September 21, 11:00-12:00 PM EDT

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Send information, comments or questions to:

◆ E-mail – Bart.Geyer-1@ksc.nasa.gov ◆ Telephone – 321-867-3473

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