



OCCUPATIONAL HEALTH

Monthly Newsletter April 2005

◆ 2005 NASA Occupational Health Conference

Update: The annual OH Conference in South Lake Tahoe is rapidly approaching. This is the one annual opportunity for NASA Center OH personnel to gather with colleagues from all 14 NASA sites. The current transformation of NASA to an exploration vision creates many new challenges for the OH community. Come to the annual meeting and learn how your colleagues are facing these challenges. There is a wide range of [speakers and activities](#) planned for the week including a Poster Session. [Poster abstracts](#) from this years poster session are now available online. If you are planning to attend, please make sure to register for the conference and make hotel reservations at [Harvey's](#) by **May 12**, to ensure government rate. You can also modify or review any of your conference [registration information](#) at any time on the website by entering your email address.



◆ Agency One NASA Peer Award: Guy Camomilli of the Office of the Health and Medical Officer received recognition at the NASA Agency Awards ceremony on April 27th as the first One NASA Peer Award winner for NASA HQ along with Mike McNeill, Office of the Environmental Management Division and Art Lee, Office of Safety and Mission Assurance. They were recognized for the Agency Audit Evaluation Team “for their collaboration across departments to reduce time and manpower impact on Centers during audits.” This team established the office of primary responsibility for various aspects of health, safety, and environmental policies, processes, and operations during center audits. This minimizes the chance of redundancy, targets the appropriate subject matter experts to address their areas of expertise and collectively minimizes the amount of time the center and auditor have to devote to any one area. This award was chosen as the *Best Center Award for NASA HQ* and was considered for the Agency Best of the Best One NASA Award. The One NASA Peer Award provides a vehicle for recognizing individuals and teams who demonstrate One NASA behaviors under one or more of the following themes: Making decisions for the common good; Collaborating to leverage existing capabilities, and Standardizing to achieve efficiencies.

◆ OH Web Update: The agency [OH website](#) continues to be transformed as our office strives to enhance the website with current and relevant information for all of the NASA OH

disciplines. In addition to some of the general graphical and navigational enhancements, other specific areas have recently been added, improved or updated. These areas include a new [list](#) of medical facilities near NASA centers, an improved and updated [Health Promotion](#) page, a new Environmental Health [Contacts](#) list, an expanded [Center Resources](#) page and an updated [Traveler Health](#) section.



◆ Interactive Sleep I.Q. Quiz: The prevalence of problem sleepiness is high and has serious consequences, such as drowsy driving or workplace accidents and errors. Lifestyle factors and undiagnosed or untreated sleep disorders can cause problem sleepiness. Sleep is actually an active state and a natural part of every individual's life. We spend about one-third of our lives asleep. Generally, people know little about the importance of this essential activity. Take this [interactive quiz](#) to test your knowledge.

◆ NASA IHs to meet at the American Industrial Hygiene Conference and Exposition (AIHCE): The 2005 [AIHCE](#) will be in Anaheim, CA, on May 21-26. The AIHCE is the premier annual IH conference with approximately 10,000 attendees. NASA IHs will be meeting on May 23 from 3:30 to 7:30 PM PDT, and will be traveling to NASA's Jet Propulsion Laboratory (JPL) on the afternoon of May 25, for a technical tour. Look for all the event [details](#) on the OH website.



◆ NASA Health Physics Conference Update: NASA's Chief Health and Medical Officer, Dr. Rich Williams, has sent an [invitation](#) to all NASA Centers and Facilities requesting their representation at the upcoming NASA Health Physics (HP) Conference being held in Cocoa Beach Florida at the Doubletree Hotel. All EH personnel with ionizing or non-ionizing responsibilities are asked to consider attending. The week will feature technical training, technical tours at Kennedy Space Center and Disney's Epcot Resort, Center presentations, and agency HP policy discussion. All information about the meeting can be found on the [HP Conference Webpage](#). In addition to registering for the conference online, please plan on making your reservation at the Conference Hotel by **Monday, May 16**, to ensure the government rate.



◆ NASA OH Center Review Calendar:

- August 1 – 5 – Marshall Space Flight Center

◆ Upcoming Occupational Health ViTS:

- Fitness ViTS – May 11, 11:30-12:30 PM EDT

- EH Monthly ViTS – May 18, 11:00-12:00 PM EDT

- Health Promotion ViTS – June 2, 1:30-3:00 PM EDT

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