PREOPERATIVE THERAPY IN INVASIVE BREAST CANCER

Reviewing the State of the Science and Exploring New Research Directions

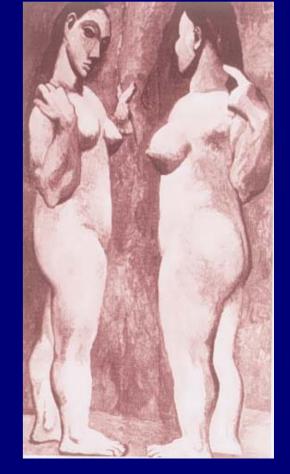
Reconstruction After Preoperative Therapy

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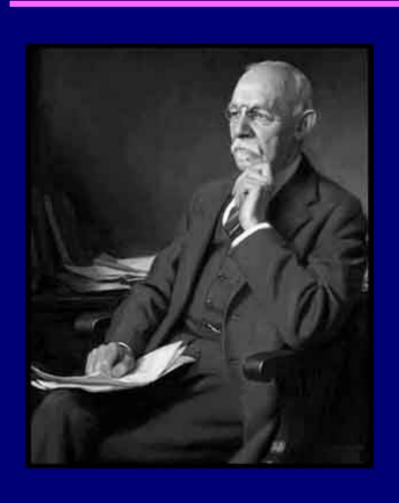
Breast Reconstruction

First report: 1906 Louis Ombredanne (France)



www.urofrance.org

Breast Reconstruction



William Halsted (1852-1922)

- Father of American Surgery
- Vigorously opposed breast reconstruction

Halsted Mastectomy

- Breast Skin
- Pectoralis Major
- Axillary contents



Initial Reports- 1980's

- Albo RJ. Amer J Surg 140:131-6, 1980.
- Georgiade G. Ann Plast Surg 8:20-8, 1982.
 - 62 patients
 - -42% > 2yr F/U
- Georgiade G. Plast Reconstr Surg 76:415, 1985.
 - Recon. (n=101) vs. non-recon (n=377) cohorts
 - Median F/U 36 months (92% > 1yr)
- Noone RB. Plast Reconstr Surg 76: 258, 1985.
 - 185 patients
 - Mean F/U 26 months (range 2-82)

No adverse affect on disease outcomes

Breast Deformity



Physical Deformity

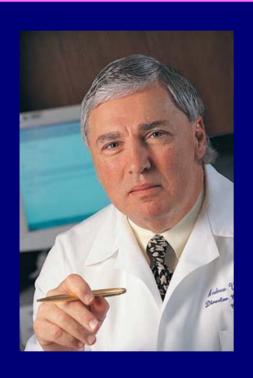


Consequences:

- Aesthetic
- Functional
- Emotional
- Social

= Suffering

NCI Challenge Goal Initiative



Year 2015

... eliminate *suffering* ... from cancer.

Andrew von Eschenbach, M.D. Director, National Cancer Institute Jan. 2002 - Dec. 2006

Paradigm Shift

Suffering Eliminate Cancer





Mission accomplished.

Paradigm Shift

Suffering Eliminate Cancer



Mission accomplished?

At least one step closer...

Consequences

Therapeutic Goal: Restore Wholeness Therefore:

- Multidisciplinary care team including reconstructive surgeons.
- More difficult to study.
- Quality of life outcome changes therapeutic risk/benefit calculation

Multidisciplinary Care

Not universally adopted...

- Low overall rate of reconstruction
- Extreme geographic variation
- Knowledge deficit
 - Limited awareness of contemporary methods
 - Skepticism of clinical value

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Paulson, 1994; Thompson, 2000; Wanzel, 2002; Morrow, 2001; Polednak, 2000.
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Knowledge Deficit: Practitioners

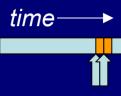
 Wanzel et. al. Reconstructive breast surgery: referring physician knowledge and learning needs. Plast Reconstr Surg 110(6): 1441, 2002.

TABLE II

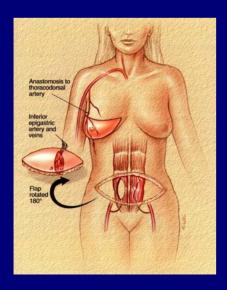
Summary of the Level of Agreement with Statements Concerning Attitudes toward Breast Reconstruction, by Physician Specialty and Gender

Survey Statement: Breast Reconstruction	Physician Specialty (%)*					Physician Gender			
	Oncologists		General Surgeons		Primary Care Physicians		Male	Female	
	Yes	No	Yes	No	Yes	No	(%)	(%)	p Value
Adversely delays detection of									
local cancer recurrence Adversely interferes with	36.7	31.1	39.8	51.1	31.5	43.8	37.1	35.2	0.63
adjuvant oncologic therapy	38.9	48.9	22.7	59.1	9.7	75.0	24.9	28.0	0.90
Should be offered only to long- term cancer-free survivors	27.8	43.3	11.4	71.6	20.5	60.3	23.6	20.6	0.96
May have a positive effect on quality of life	95.6	1.1	95.5	2.3	94.6	0.0	96.9	92.3	0.39
Is an appropriate use of health- care resources	81.1	3.3	85.2	9.1	71.2	8.2	76.0	84.1	< 0.05

^{*} In each case, the remainder of the respondents were "unsure" of their opinion regarding the statement.



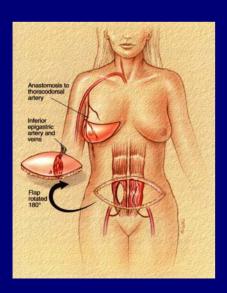
- Deformity
- Op #1 (Immediate)







- Deformity
- Op #1 (Immediate)



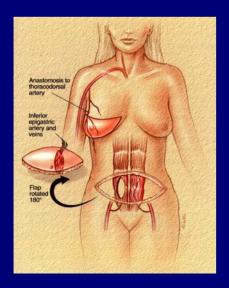


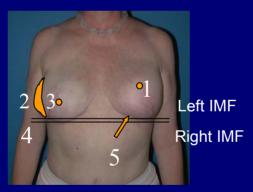


time—→



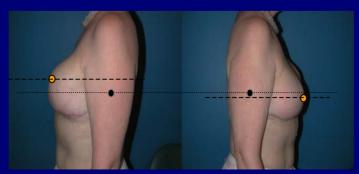
- Deformity
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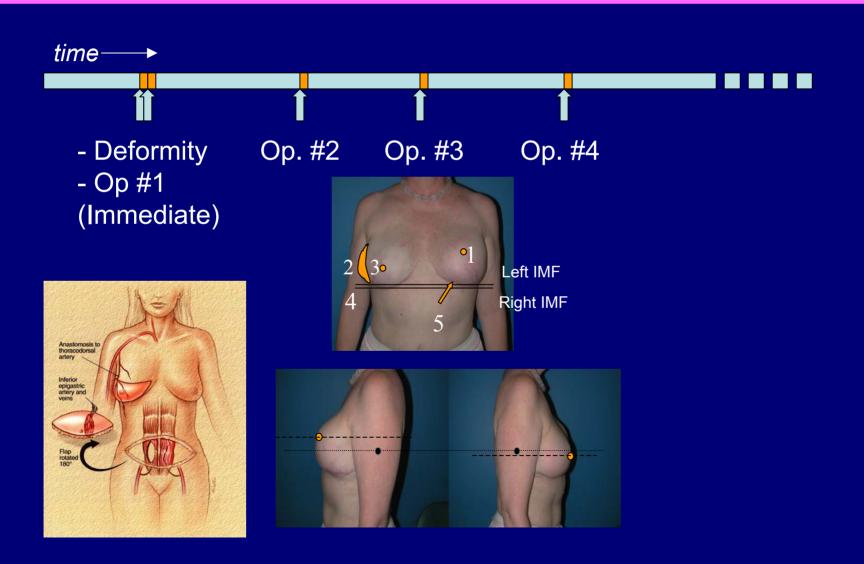


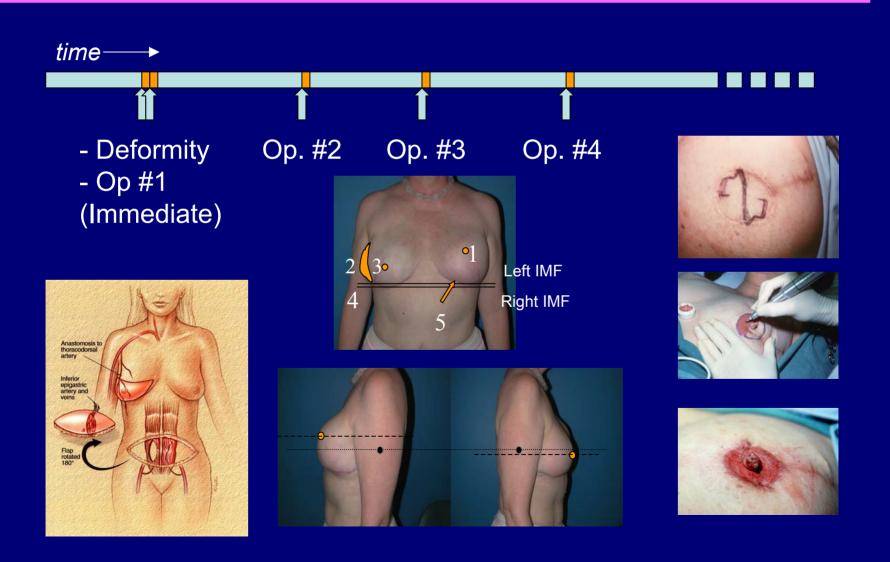


Problem list:

- 1) Point of maximum projection (anterior)
- 2) Point of maximum projection (lateral)
- 3) Breast width
- 4) IMF position
- 5) Irregular left IMF







Reconstructive Techniques

Post-mastectomy reconstruction

- Tissue expander/breast implant
- Tissue flap/implant combination
- Autologous tissue flaps
 - Pedicled transfers
 - Free tissue transfers
- Skin-sparing

Reconstructive Techniques

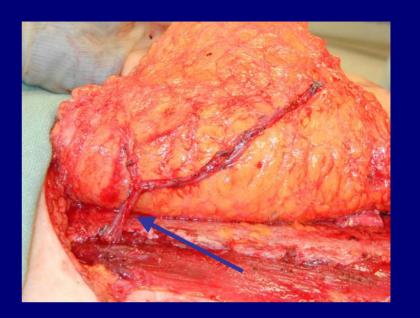


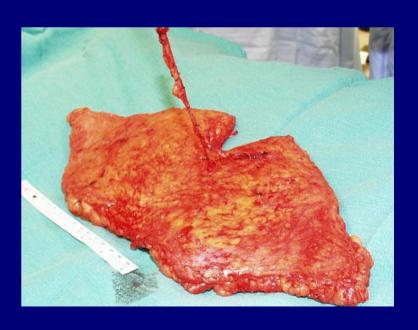
Pre-operative Post-operative Implant reconstruction Latissimus Dorsi flap + Implant reconstruction Autologous tissue reconstruction

Perforator Flaps

DIEP flap

- Advantages
 - Spares Muscle
 - Minimizes Pain
 - Less functional morbidity
- Disadvantages
 - Technical challenge
 - Increased operative time
 - Variations in anatomy
 - Less blood supply



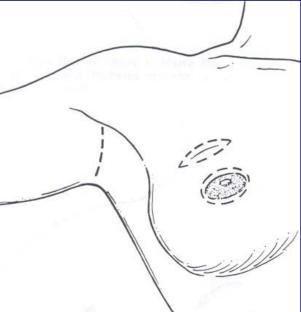


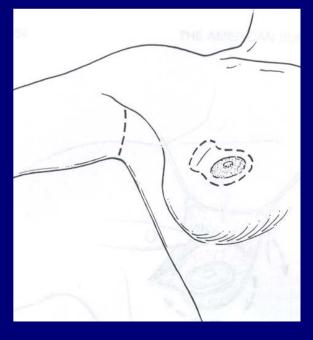
Incisions for:

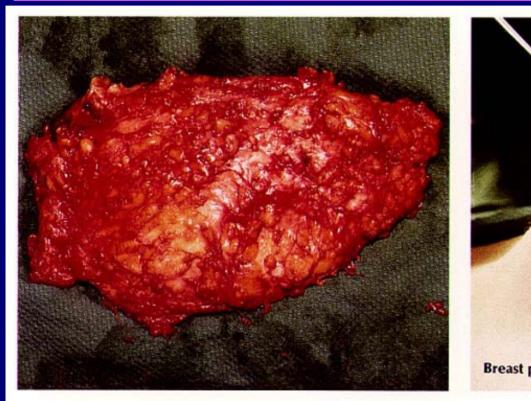
- Nipple and Areola
- Biopsy scars

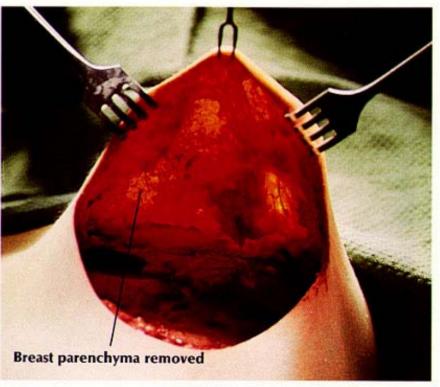
- Access to the axilla
- Skin areas "at risk"





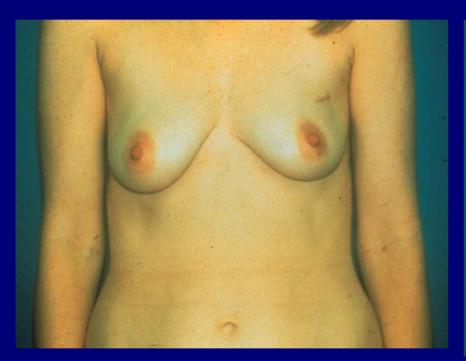






The *ablative surgeon* begins the reconstruction!







Pre-operative appearance

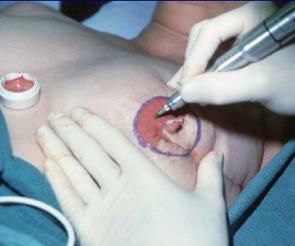
Post-operative appearance

Nipple/Areolar Reconstruction

Nipple Reconstruction











Overview

- Background
 - Reconstruction and multidisciplinary care
 - Techniques
- Preoperative therapies
 - Chemotherapy
 - Radiotherapy
 - Recurrent disease
- Research opportunities

Pre-operative Chemotherapy

Deutsch MF. Ann Plast Surg. 42(3):240-4, 1999.

- 31 TRAM patients
- Increased minor complications
- No effect on resumption of therapy

Selber JC. Annals of Plastic Surgery. 56(5):492-7, 2006.

- 500 TRAM patients
- No effect on complications

Mehrara BJ. Plast Reconstr Surg. 118(5):1100-9; 2006.

- 1195 TRAM patients
- Increased risk minor complications
- No effect on resumption of therapy

Cordeiro PG. *Plast Reconstr Surg.* 118(4):825-31, 2006.

- 1221 tissue expander/implant patients
- Safe to continue CTx during expansion

Radiotherapy and Reconstruction

Author	RTx Patients	<u>Conclusions</u>
1997 Williams	19	increased "fibrosis"
1998 Zimmerman	21	"cosmetically acceptable"
2000 Hanks	25	"well-tolerated"
2001 Lin	98	increases risk
2002 Proulx	15	"acceptable"
2002 Rogers	30 (matched pairs)	delay reconstruction
2005 McCarthy	12 (bilateral recon unilateral RTx)	↑ capsule, delay RTx
2005 Spear	80	↓ aesthetics, symmetry
2006 Behranwala	44	↑capsule, ↑pain,√aesth.
2006 Cordiero	136	↑ complications

Radiation Effects on Irradiated versus Untreated Sides in 14 Bilateral TRAM Patients

	Untreated Side $(n = 14)$		Irradiated Side $(n = 14)$	
	\overline{n}	%	n	%
Flap loss	0	0	0	0
Normal breast mound	13	93	2	14
Firm flap	0	0	6	43
Hyperpigmentation	0	0	6	43
Fat necrosis	2	14	6	43
Skin contracture	0	0	13	93
Entire flap contracture†	0	0	3	21

^{*} All except one patient received reconstruction with transverse rectus abdominis muscle flap (TRAM).

Tran NV. et. al. *Plastic & Reconstructive Surgery*. 106(2):313-7; 2000.

[†] Entire flap contracture would need an additional flap to create the breast mound.

Radiotherapy and Reconstruction



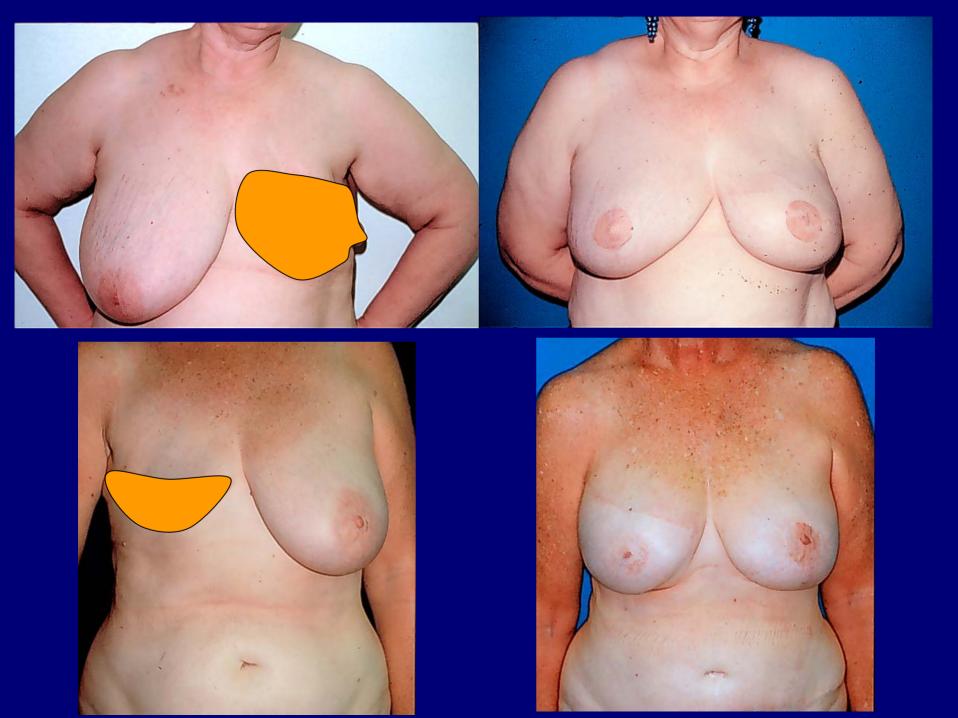
64 Gy Jan. 2001



Oct. 2000

Jan. 2002





Radiotherapy and Reconstruction

Timing

- Immediate
- Delayed
- "Delayed Immediate"

Overview

- Background
 - Reconstruction and multidisciplinary care
 - Techniques
- Preoperative therapies
 - Chemotherapy
 - Radiotherapy
 - Recurrent disease
- Research opportunities

Research Opportunities

- Characterize deformity-related morbidity.
 - Focused Quality of Life studies

Pre-operative

Post-operative





Implant reconstruction



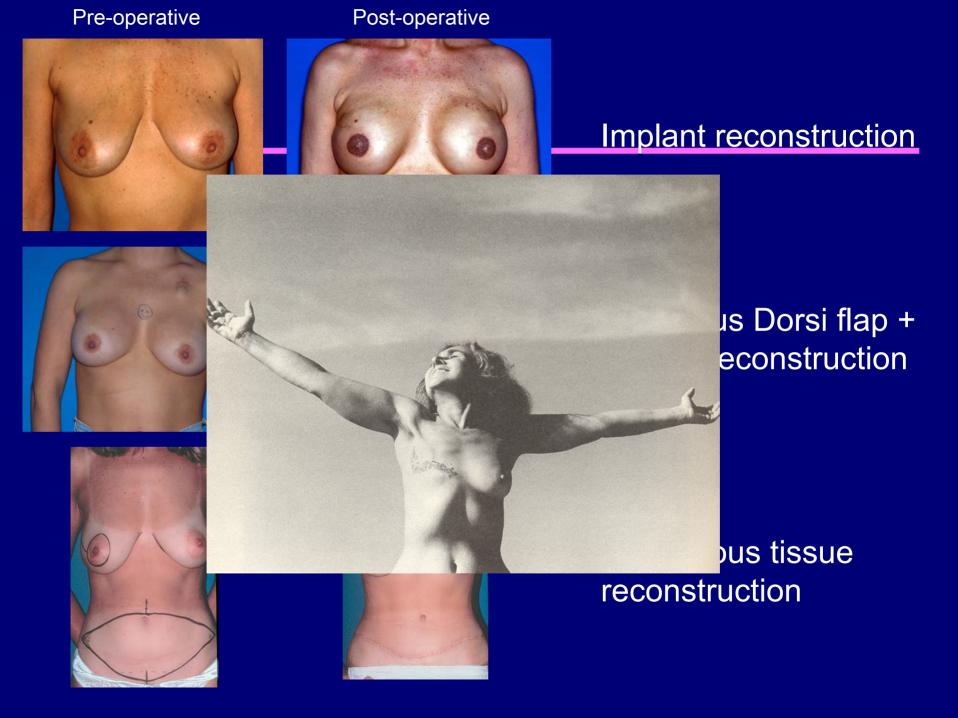


Latissimus Dorsi flap + Implant reconstruction





Autologous tissue reconstruction



Quality of Life

- Results equivocal
- Selection bias
 - Patients generally successful self-selecting treatment options.
- Patients of interest are on the margins.

Research Opportunities

- 1. Characterize deformity-related morbidity.
 - Focused Quality of Life studies
 - Quantitative outcomes
 - Objective assessment of deformity
 - Individualized assessment of morbidity

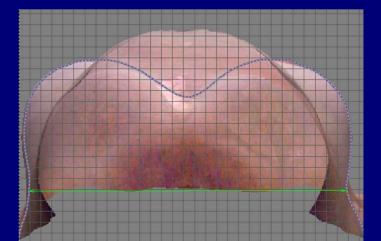
Breast Shape Analysis



Conventional anthropomorphic measurements



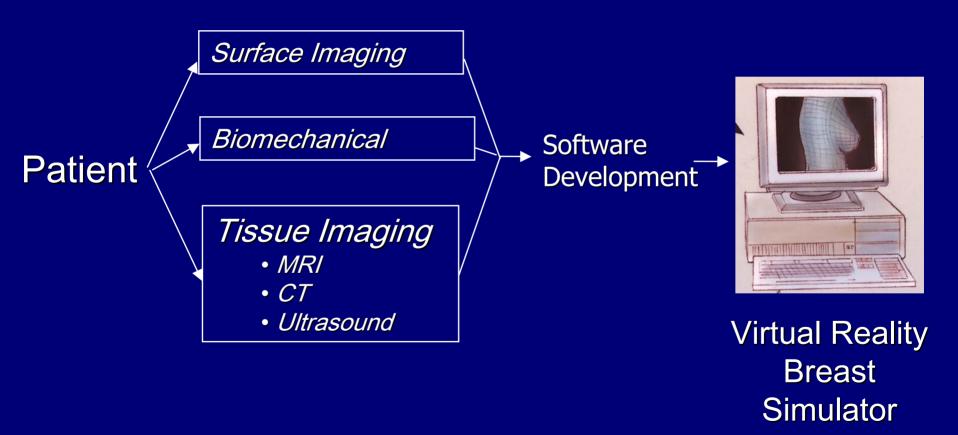
Contours and cross sections



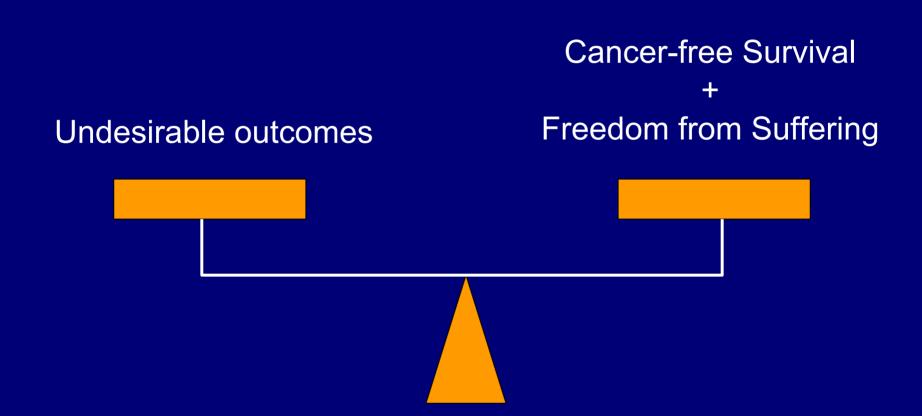
Research Opportunities

- 1. Characterize deformity-related morbidity.
 - Focused Quality of Life studies
 - Quantitative outcomes
 - Objective assessment of deformity
 - Individualized assessment of morbidity
 - Patient specific, predictive

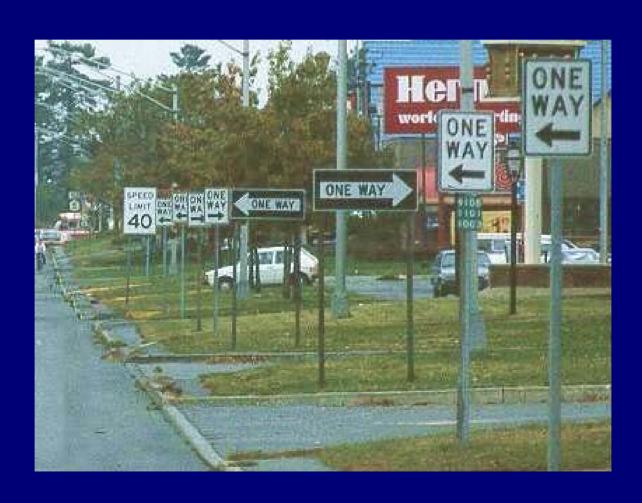
Digital Breast Simulation



Therapeutic Risk/Benefit



Patient Treatment Options



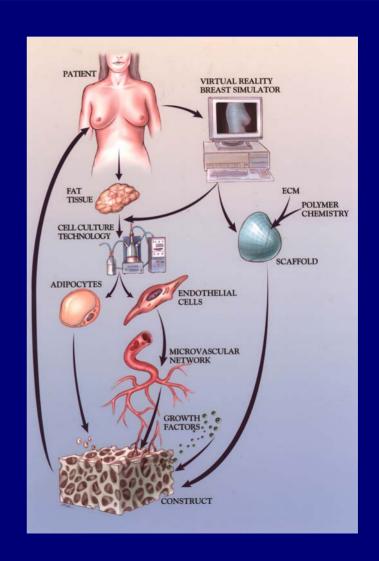
Short-term Opportunities

- 1. Characterize deformity-related morbidity.
 - Focused Quality of Life studies
 - Quantitative outcomes
 - Objective assessment of deformity
 - Individualized assessment of morbidity
 - Patient specific, predictive
- 2. Educational and decision-making aids

Research in these areas translates immediately into benefits for 100% of patients!

Long-term Opportunities

- Regenerative medicine
- TissueEngineering



Thank you