

**CARY**

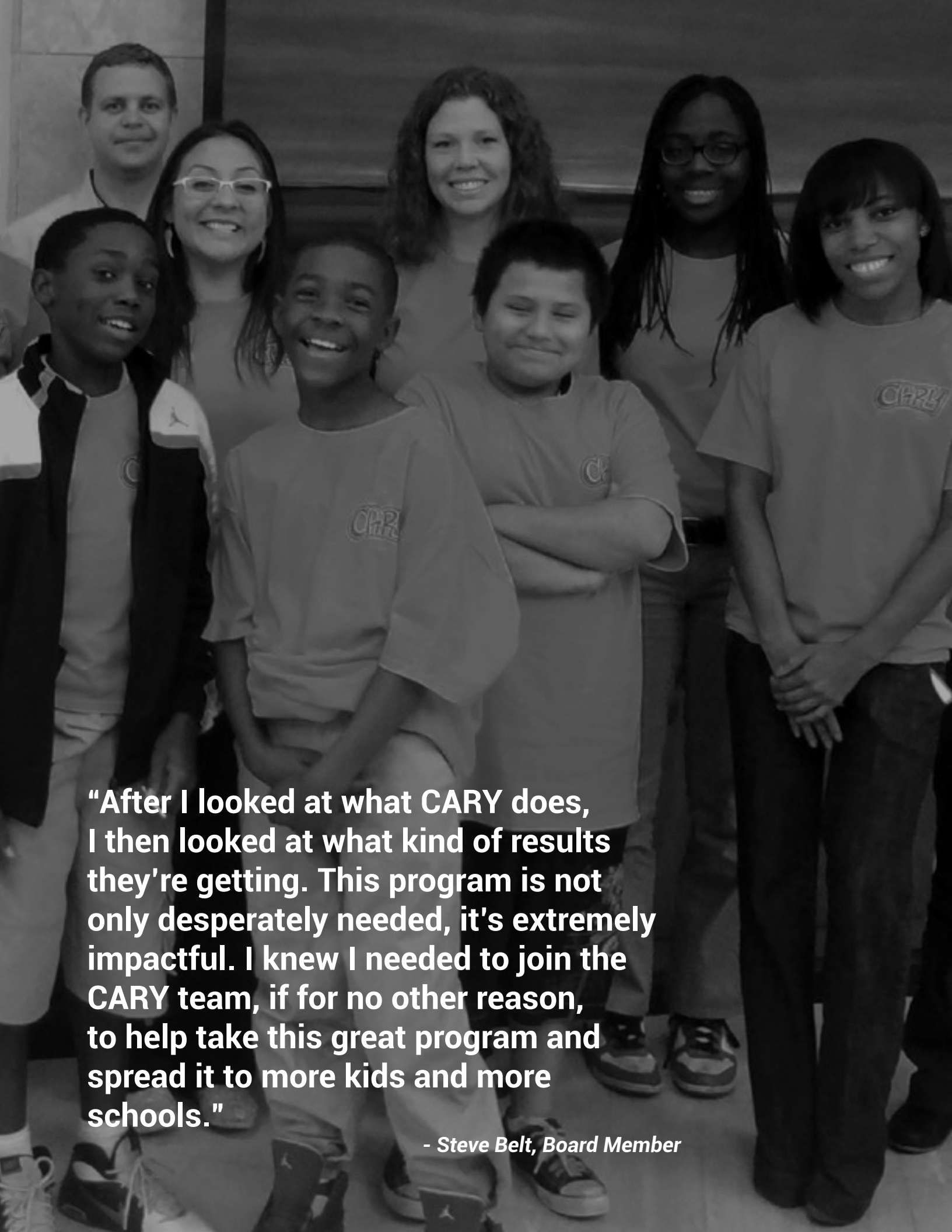
**Council on  
At-Risk Youth**



**years**

**Helping youth promote safe schools and safe communities.**

[www.CARY4kids.org](http://www.CARY4kids.org)  
512-451-4592  
3710 Cedar Street, Box 23  
Austin, TX 78705



**“After I looked at what CARY does, I then looked at what kind of results they’re getting. This program is not only desperately needed, it’s extremely impactful. I knew I needed to join the CARY team, if for no other reason, to help take this great program and spread it to more kids and more schools.”**

*- Steve Belt, Board Member*

# ***Table of Contents***

<b>Messages from Our Leaders</b>	3
<b>Why CARY?</b>	4
<b>CARY at a Glance</b>	5
<i>CARY Programs</i>	5
<i>PeaceRox Youth Violence Prevention</i>	5
<i>Schools / Numbers / Data / Financials</i>	6
<b>Celebrating Successes</b>	7
<i>Personal Stories</i>	7
<i>Evaluation Results</i>	8
<i>Kester Scholarships</i>	9
<i>Community Education</i>	9
<b>Fifteen Years in Review</b>	10
<b>What's Next</b>	11
<b>Celebrating Our Supporters</b>	12
<b>Board of Directors</b>	13



# Messages from Our Leaders

## **Founder, Executive Director - Adrian Moore**



The joy that I have experienced over these 15 formative years of CARY is that we now have a clearly established model and strategy that helps troubled and prison-bound kids acquire the skills needed to become successful members of our community. The CARY delinquency and youth violence prevention model can be duplicated successfully in any city or state. The CARY model is successful in reducing crime and delinquency.

## **Board Chair - Stan Knee**



Congratulations to the hard working staff of CARY on this, their 15th anniversary. Thousands of troubled youth have had their lives changed in a positive way by CARY, but so much more needs to be done. Our dream is that every troubled student in every school will have access to this proven effective program. This is a goal that will need your help. Together we can make it happen. Congratulations and I look forward to the next 15 years.

## **Board Vice-Chair - Seth Winick**



The board is so pleased to celebrate CARY's 15th year. More than 6,500 students have benefited from our evidence-based programs, but too many at-risk youth continue to fall through the cracks, destined to a future of limited opportunity. CARY can grow to meet the needs of our community with your continued support.

# Why CARY?

**Nearly 60 percent of boys who researchers classified as bullies in grades six through nine were convicted of at least one crime by the age of 24. Even more dramatic, 40 percent of them had three or more convictions by age 24.**

**Bullying Prevention Is Crime Prevention  
A report by FIGHT CRIME:INVEST IN KIDS**

**In 2001, about 33 percent of students in grades 9-12 reported they had been in a physical fight at least one time during the previous 12 months anywhere, and 12 percent said they had been in a fight on school property during the previous 12 months.**

**National Center for Education Statistics  
Indicators of School Crime and Safety  
(2013)**

**The majority of children and youth who are involved in the school disciplinary system can be better served at that location by community service agencies well in advance of criminal involvement and referral to juvenile and criminal justice.**

**2012-2015 Travis County  
Community Plan for Coordination of  
Criminal Justice and Related Activities**

**The single greatest predictor of future involvement in the juvenile justice system is a history of disciplinary referrals at school.**

**Public Policy Research Institute  
Texas A&M (2005)**

**The burdens on the criminal justice system to address at-risk youth are increasing despite the limited ability of courts and related institutions to engage in comprehensive interventions.**

**City of Austin Public Safety Commission  
Recommendation - August 5, 2013**

**Our nation's schools should be safe havens for teaching and learning, free of crime and violence. Any instance of crime or violence at school not only affects the individuals involved, but also may disrupt the educational process and affect bystanders, the school itself, and the surrounding community.**

**Brookmeyer, Fanti, and Henrich 2006  
Goldstein, Young and Boyd 2008**

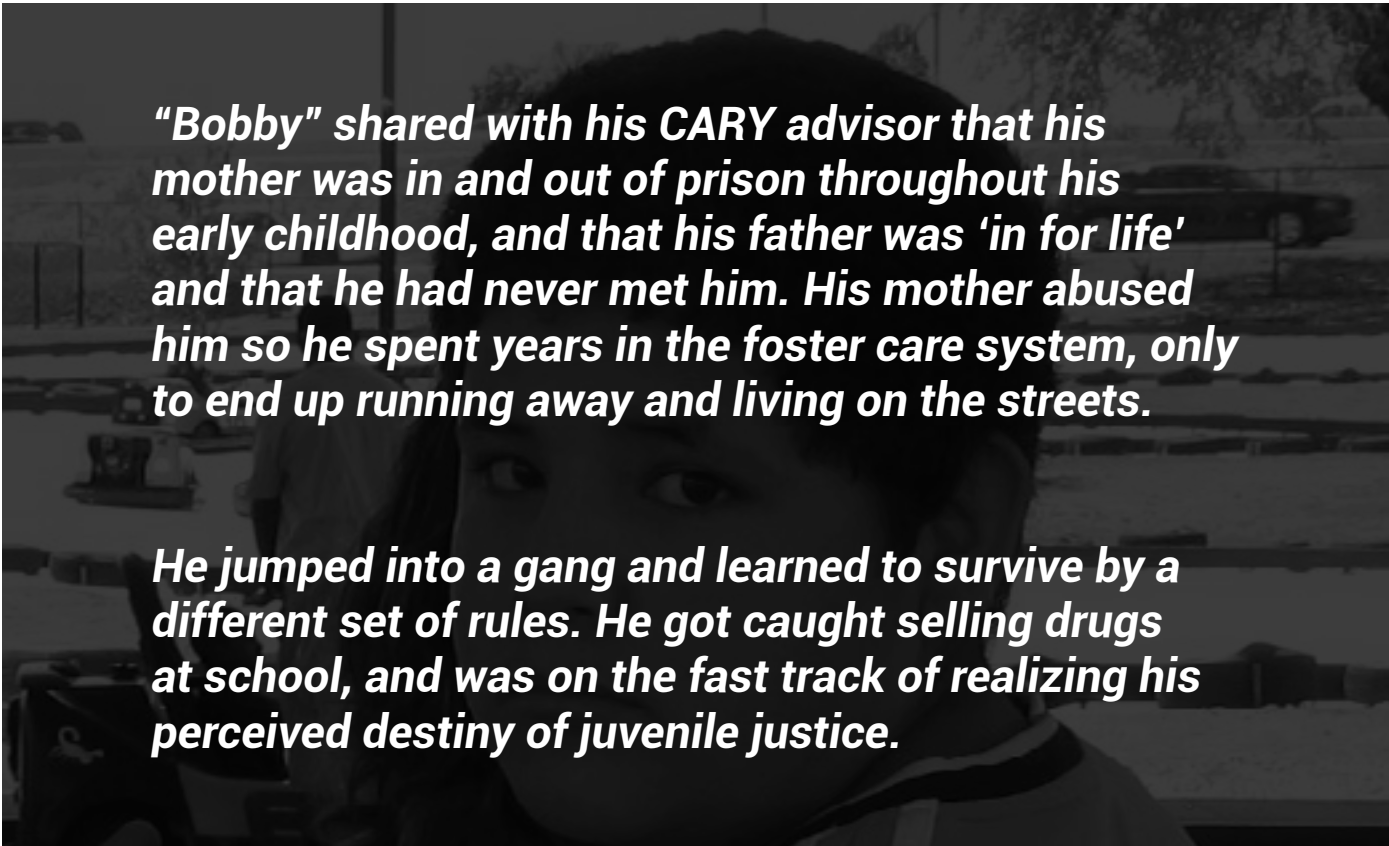
**Allowing one youth to leave high school for a life of crime and drug abuse costs society \$1.7–\$2.3 million.**

**OJJDP— Juvenile Offenders and Victims:  
1999 National Report**

# CARY at a Glance

## CARY Programs - Focus on Troubled Youth

CARY focuses exclusively on youth who have severe disciplinary issues, and who are in school disciplinary systems, often resulting in suspension or removal to the disciplinary alternative education program or juvenile justice alternative education program. Their average age is 13, and about 20% have emotional disabilities, drug abuse problems, and low academic performance.



***"Bobby" shared with his CARY advisor that his mother was in and out of prison throughout his early childhood, and that his father was 'in for life' and that he had never met him. His mother abused him so he spent years in the foster care system, only to end up running away and living on the streets.***

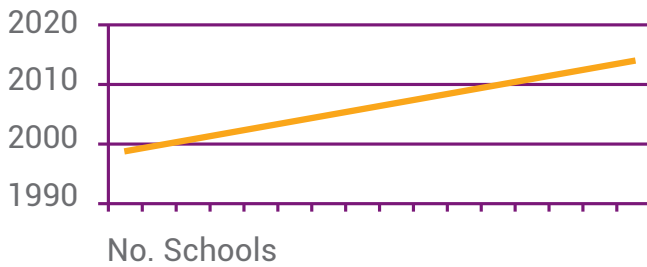
***He jumped into a gang and learned to survive by a different set of rules. He got caught selling drugs at school, and was on the fast track of realizing his perceived destiny of juvenile justice.***

## PeaceRox

CARY's two-semester program uses PeaceRox, an evidence-based curriculum that teaches positive social skills, anger management, empathy, and character education. PeaceRox stems from Aggression Replacement Training, a program certified by the National Center for the Study and prevention of Youth Violence and the Office of Juvenile Justice and Delinquency Prevention.

CARY's programs also include individual behavioral counseling, parent support groups, and service-learning projects.

## Growth in School Involvement



In 1999, CARY began operating in the Austin ISD Alternative Learning Center, providing training in the prevention of delinquency and youth violence for at-risk students. By 2014, CARY expanded its presence to ten AISD schools, including Bedichek, Burnet, Dobie, Garcia, Martin, Mendez, Pearce, and Webb Middle Schools and Lanier High School.

**6,500** students served in 15 years.

## Financial Growth



Funding has grown significantly with support from the City, County, State, foundation, corporate, and individual supporters.

**\$5,000,000** raised.



# Celebrating Successes

## Personal Stories

### Robert

a 6th grader, was referred to CARY because of fighting, disrespectful behavior and skipping classes. Twice he was sent to the Alternative Learning Center. Since he joined CARY's PeaceRox class, Robert has stopped hanging with gangs, joined the football team and works construction on weekends with relatives. He has not had a single disciplinary referral this semester and is passing all of his classes. Robert was awarded "Student of the Month" not once, but twice at his school!

### Jeremy

another 6th grader, had such terrible behavior at the ALC (Alternative Learning Center) that everyone knew him by name. He was a youth who was constantly suspended from school. Fighting, truancy, name calling – he was always in trouble. A year later, Jeremy is a different young man with the help of PeaceRox. He requires less redirection. He recognizes personal boundaries, can manage his anger and is more respectful to others. He has had no disciplinary incidents this semester.

### Ricardo

a 7th grader, was identified as a gang member last January. His older brothers were in jail and his father had a criminal history of drug involvement. A CARY Youth Advisor met with Ricardo for a month and built a solid relationship. Ricardo then joined PeaceRox with other 7th-grade boys, exposing him to new social skills like empathy and self-control. By May, Ricardo was demonstrating his newfound social skills in school and his community. He is now involved in weekly service learning projects, improving his grades and his attendance. The biggest change came in behavior. Ricardo no longer disrespects teachers and has begun seeking friends who will encourage him to make positive choices.

In June, the CARY Youth Advisor met Ricardo's mother for a home visit. She was in tears as she reported how proud of him she was. She said that Ricardo had stopped communicating with his old gang friends and that his attitude at home had vastly improved.

***"I got my son back before I lost him, like I lost my others to crime."***

***- Ricardo's Mother***

## Positive Program Evaluations

More than 10 years of internal evaluations and external studies by PhD researchers prove the effectiveness of CARY programs.

Surveys with school administrators, counselors, and parents show significant improvements in student attitudes, behaviors, and school attendance. Data also shows decreases in anti-social behaviors and incidents of school violence with statistically significant reductions in all administrative disciplinary actions.

*When compared to a similar group of students, CARY participants had better school attendance, had fewer serious discipline incidents and drug possession reports, fewer suspensions and removals, as well as better grades.*

*- Forrest Novy Ph.D. & Laura McFarland  
UT School of Social Work*

*Surveys conducted with parents show that 100% agreed or strongly agreed that they observed improvements at home in CARY students' self-esteem levels, behaviors, following rules and reduced aggression levels.*

*- 2008-09 Dottie Carmichael, Institute for  
Policy Research, Texas A & M University*

## Decreases in Youth Arrests

The latest report from the Texas Department of Public Safety – “Texas Crime Report” – shows a significant decrease across the board in arrests for the last 5 years; the data also shows Travis County arrests for this group of school age youths being lower than Texas state rates, national rates and lower than most of the large cities and counties in Texas. Some of these key differences in school age youth arrest rates are summarized with the following observations:

### Decreased Arrest Rates Travis County **School Age Youth:**

Total arrest decreases in Travis Co: **36%** decrease in last 5 years.

Crimes against persons: **43%** decrease in arrest rates for school age youth.

Crimes against property: **12%** decrease in last 5 years.

Other crimes: **39%** decrease in school age youth in last 5 years.

### Decreased Arrest Comparisons Between Travis Co., State of Texas and United States:

Total arrest decreases Travis Co. = **36%**; Texas = **23%**; US = **29%**

Crimes against persons: Travis Co = **43%**; Texas = **26%**; US = **28%**

Crimes against property: Travis Co = **12%**; Texas = **9%**; US = **17%**

Other crimes: Travis Co = **39%**; Texas **23%**; US = **29%**

### Comparisons Between Travis Co. and Bexar, Dallas, Harris and Tarrant Counties:

Total decrease Travis Co. **36%**; Bexar **17%**; Dallas **28%**; Harris **23%**; Tarrant **37%**

Violent crimes: Travis Co. **43%**; Bexar **17%**; Dallas **33%**; Harris **14%**; Tarrant **38%**

Property crimes; Travis Co. **12%**; Bexar **13%**; Dallas **18%**; Harris **2%**; Tarrant **23%**

Other crimes: Travis Co. **19%**; Bexar **14%**; Dallas **28%**; Harris **23%**; Tarrant **45%**

## Kester Scholarship Program

Since 2010, the family of the late Jim Kester, former CARY board member, has pooled their Christmas spending and donates the money to CARY for scholarships. Fifteen scholarships have been awarded to-date.

**Thanks to the Kester family and the Rotary Club of Austin, CARY continues a tradition of awarding scholarships to high school seniors.**



## Community Education

For eight years CARY has brought a renowned expert in criminal justice and youth violence to Austin to educate the community on the issues with which we work.

2005—**James Garbarino Ph. D.**—*"Lost Boys"* - Youth Violence

2008—**Leonard Pitts**—*"Survey Youth Services in America"* - Youth Programs

2009—**Father Greg Boyle**—*"Tattoos on the Heart"* - Gang Prevention

2010—**Barbara Coloroso**—*"The Bully, The Bullied and The Bystander"* - Bully Prevention

2011—**Deborah Prothrow-Stith, M. D.**—*"Murder is No Accident"* - Violence Prevention

2012—**James Alan Fox, Ph. D.**—*"Bully Prevention is Crime Prevention"* - Crime Prevention

2013—**Katherine S. Newman, Ph. D.**—*"School Shootings in America"* - Review School Shootings

2014—**Piper Kerman**—*"Orange is The New Black"* - Rethinking Criminal Justice

# 15 Years in Review

## 1999 - 2004

The first five years for CARY saw initial startup at the AISD Alternative Learning Center with one staff serving 100 at-risk youth funded by initial grants from the RGK Foundation (\$27,600) and from Austin United Way (\$10,000). A considerable growth spurt occurred during 2004 and 2005 with receipt through the AISD of a \$250,000 grant from the US Bureau of Justice Assistance for Community Gun Violence Reduction. CARY was also a recipient of US Department of Education support for disciplinary student service learning programs at districts in Georgetown, Lockhart and Luling. Total funding for first five-year block was \$599,800 with 870 youth served.

## 2005 - 2009

The second five year period in CARY's history saw continued growth and expansion to four additional schools with financial support coming from the City of Austin and from Travis County. Additional support came from A Glimmer of Hope Foundation, Hogg Foundation, Meadows Foundation and Trull Foundation helping to expand services to additional schools with more disciplinary students being served. USDOE support for the three rural districts was withdrawn. Total funding for the second five-year block was \$2,097,000 with 2,605 youth being served.

## 2010 - 2014

The third five-year period of time for CARY saw continued growth and expansion. With ongoing support now moving into ten years with the City of Austin and Travis County, along with AISD support using Travis County funds, federal Juvenile Justice and Delinquency Prevention grant funds through the Governor's Office and more revenue from donors and special events, CARY expanded to ten schools being staffed by eight CARY youth advisors, with the five year budget of \$2,476,600 serving 3,300 students.

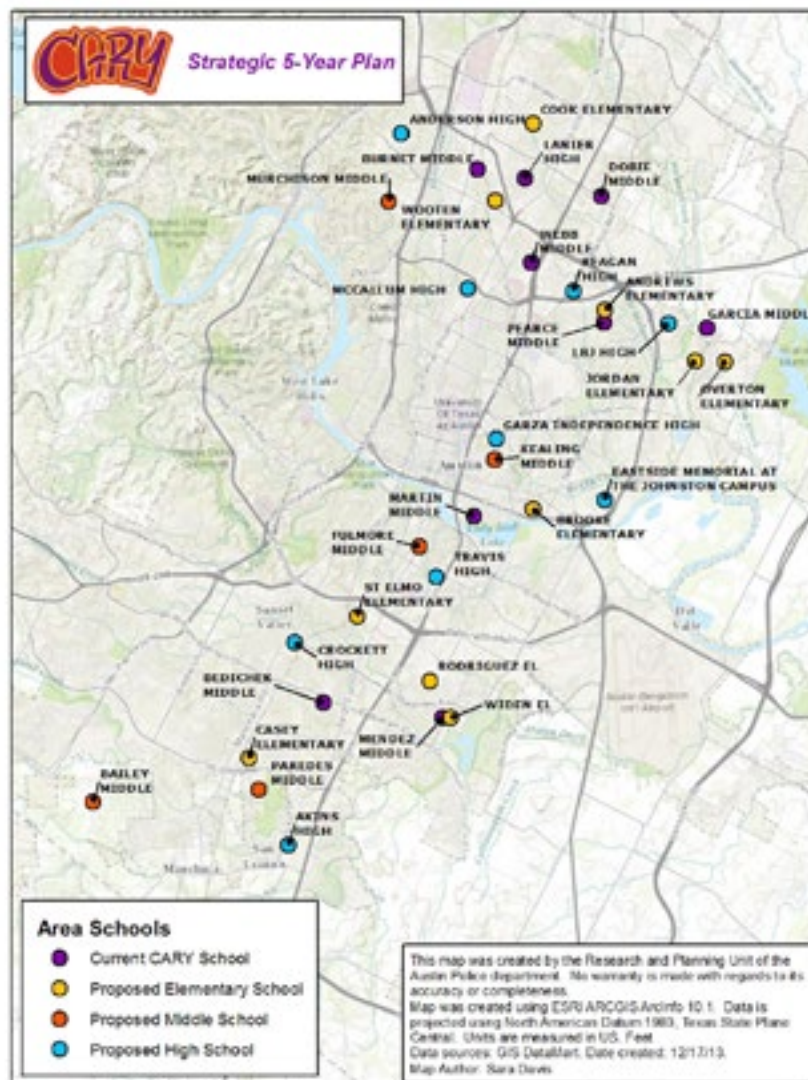
Collectively, over the fifteen-year period, CARY received **\$5,000,000** serving **6,500 youth**.

# What's Next

## Strategic 5-Year Plan: Goals and Objectives

**GOAL:** To expand CARY "PeaceRox" model for school based delinquency, youth violence and drug abuse prevention programs, with proven evidence-based curriculum and focusing on high-risk school disciplinary students, as a more cost effective alternative to youth committing crimes and entering into the more costly juvenile and criminal justice system process from FY 2014 through FY 2018.

**OBJECTIVE:** To gain financial support to expand the CARY PeaceRox Aggression Replacement Training program to 10 elementary schools, 5 more middle schools and 10 high schools ultimately serving the vast majority of all documented AISD students engaged in serious disciplinary violations including aggressive, abusive and assaultive acts, use of drugs, possessing weapons and involved in property offenses by the close of the 5-year period at a cost of \$75,000 per school for a total of \$1,875,000.



# Celebrating Our Supporters

**Foundation grants have helped CARY make great strides. Special thanks to these foundations.**

## 1999 - 2003

RGK Foundation  
Hogg Foundation

## 2004 - 2008

Glimmer of Hope Foundation  
United Way  
Austin Community Foundation

## 2009 - 2014

Lola Wright Foundation  
Meadows Foundation  
MOCA Foundation  
Trull Foundation

Through the generosity of companies and individuals CARY fund-raising has provided more than \$316,000 to support CARY programs. Listed below are top contributors over the last 15 years.

## \$20,000+

Anonymous      Lee Thomas

## \$10,000 - \$19,999

Joan Hilgers      Richard P. Slaughter Associates  
Colleen Waring

## \$5,000 - \$9,999

ABC Bank	Charles Schwab & Co., Inc.
Austin Community Foundation	eBay Foundation
Austin Cops for Charity	Jan Slagter
Austin Optimist Club	Alfred Stanley
Circular Productions, LLC	Strategic Investment Management
Good Company Associates	Regina C. Williams, Attorney at Law
Piper Kerman	Vaught Law Firm, Leigh de la Reza
St. David's Foundation	Workers Assistance Program, Inc.

## \$2,500 - \$4,999

Austin Rotary Club Foundation	Mary Beth Maher
BLGY, Inc.	Carl Noble
Mary Bird and Robert H. Bowman	Edward & Judith Parken
James Y. Bryce	Seton Healthcare Family
Greg Hamilton	Stephen and Dale Sonnenberg
H-E-B Grocery Co.	Tokyo Electron
LCRA Employees United Charities	Mike Wilfley
Marion Look-Jameson	WP Engine
Sarah Knowles	Jack and Jill of America Foundation
	MAXIMUS Foundation

# Board Members

CARY is indebted to current and former board members who have contributed thousands of hours guiding and directing the organization from its infancy in 1999 to today.

**Board Chair:** *Stan Knee*, Retired Austin Chief of Police, Seton Family of Hospitals

**Past Chair:** *Terry Cowan*, Workers Assistance Program

**Vice Chair:** *Seth Winick*, hrwkglobal

**Secretary:** *Daniel Mennega*, eBay Inc.

**Treasurer:** *Crystal Ping Matthews*, PMB Helin Donovan, LLP

## CARY Board Members

Steve Belt, Advanced Micro Devices  
 Kathy Bennett, IBM  
 Roger Brooks, Strategic Investment Management  
 Gary Cobb, Travis County Assistant District Attorney  
 Tyler Coleman, SOI  
 Kiel Dolence, CLEAResults  
 Robert J. King, Good Company Associates  
 Dee Leekha, Dee Leekha Insurance  
 Lt. Tyson McGowan, Austin Police Department  
 Bill McKean, Freescale Semiconductors  
 Ron Oliveira, Oliveira Public Communications  
 William C. Parr, Retired  
 Karen Sage, Judge, 229th District Court  
 Matt Schatz, WPENGINE  
 Nick Schuneman, Baker, Botts, LLC  
 Jan Slagter, Community Volunteer  
 Elizabeth Transier, IBM Austin  
 Celeste Villarreal, Austin Municipal Court  
 Mike Wilfley, vcfo

## CARY Advisory Board Members

Art Acevedo, Austin Chief of Police  
 Greg Hamilton, Travis County Sheriff  
 Mark Strama, Google Fiber

## Former Board Chairs

**Founding Board Chair Emeritus,** James Y. Bryce  
 Terry Cowan  
 Joan Hilgers  
 Robert J. King

## Former Board Members

Helen Almanza, Ph.D.  
 Richard Arellano  
 Mike Berry  
 Diane Breidenstein  
 Joan Burnham  
 Terry Cowan  
 Leigh de la Reza  
 Richy Echegaray  
 Gus Garcia  
 Helen George  
 Gary Godbee  
 Jackie Goodman  
 Allen Golden  
 Kaneisha Grayson  
 Martin Hinojosa  
 Rhonda Isser  
 Sandra Jones  
 Francesca Judge  
 Jim Kester  
 Anita Landwehr  
 Cynthia Lewis  
 Rebecca Leal  
 Leticia Martinez  
 Stephen D. Mckee  
 Ted Middelberg  
 Nancy Oelklaus  
 Christopher Quaglino  
 David Quintanilla  
 Nellie Reyes  
 Linda Ross  
 Jeremy Scardino  
 Gerald Smith  
 Ellen Stephens  
 Alfred Stanley  
 Colleen Waring  
 Chris Whitt  
 Regina Williams



3710 Cedar Street, Box 23. Austin. TX. 78705.1450  
P 512-451-4592 . F 512.451.4594  
[www.CARY4kids.org](http://www.CARY4kids.org)