



Spa Grande



EAST MEETS WEST IN THE HAWAIIAN ISLANDS

SPA GRANDE PHILOSOPHY

Spa Grande is one of the first spas to reflect a cohesive balance between the ancient traditions of East, West and Hawaii in the vast array of therapies offered.

Eastern therapies focus on one's internal wellness through the use of herbs and ancient eastern techniques. Spas from the West focuses on new technologies to enhance the body's outer and inner beauty. Our journey culminates in the Hawaiian Islands, where wellness is achieved through the harmonious integration of nature and culture.

At Spa Grande, you'll discover a new level of wellbeing where beauty, nature and wellness unite.

TERMÉ HYDROTHERAPY CIRCUIT

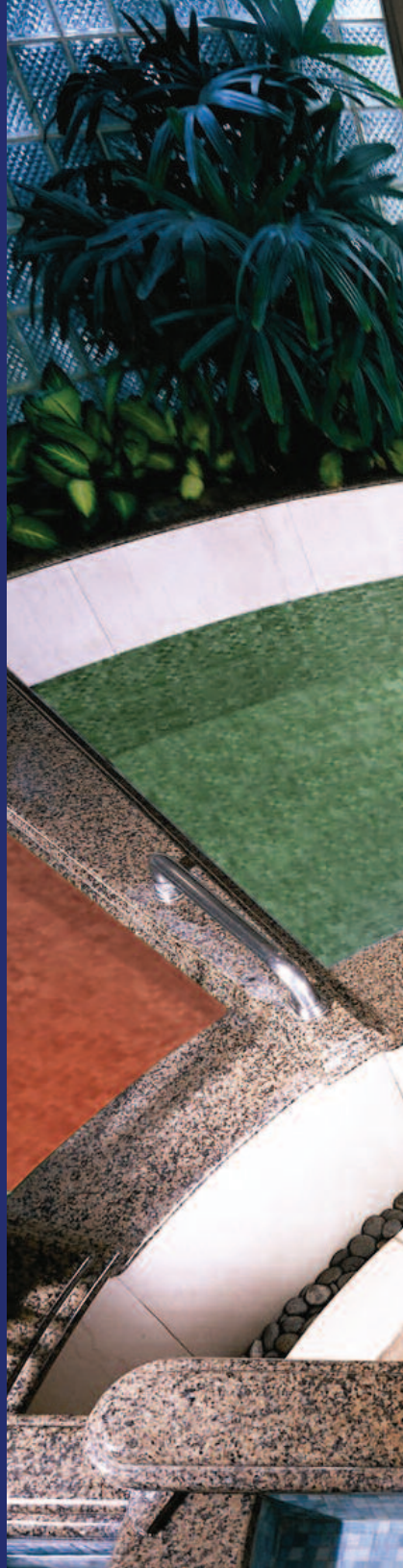
Forming the basis of Spa Grande's philosophy, East meets West in the Hawaiian Islands, is the termé hydrotherapy circuit, a series of thermal baths and showers designed to soothe and rejuvenate your body and mind. As a spa guest, you are invited to spend an hour enjoying the benefits of the termé prior to your spa treatments.

The Western corner features a Roman Whirlpool with a cold plunge, a detoxifying dry Redwood sauna and a soothing eucalyptus steam room. In the Eastern corner are traditional Japanese Furo baths with hot and cold plunges. The Hawaiian Islands corner features three cascading waterfalls dropping from a height of 10 feet to massage your neck and shoulders, and two tropical showers with 50 invigorating water jets that massage your entire body from head to toe.

Also nestled in the Hawaiian Islands corner are five Hawaiian sea salt baths created exclusively for Spa Grande. In partnership with salt masters on the island of Moloka'i, each "Island Bath" combines a special selection of natural, freshly harvested premium sea salt, blended with an array of indigenous minerals, herbs, fruits and spices that epitomize the personality of each island.

Finally, prepare your skin to absorb the nutrients of your treatment with a full-body, honey-mango, loofah exfoliation.

All of the above experiences are complimentary with any Spa Grande treatment or available for purchase separately.









FACIALS

Because it's not shielded by clothes, your face is one of the most exposed parts of your body that is constantly absorbing toxins and air pollutants. A facial with a skincare professional allows for a thorough skin analysis, cleansing, exfoliation, hydration and treatment to reveal you at your best. 50-minute facials include arm massage, 80-minute facials include arms, feet and scalp massages.

INSPIRED BY THE EAST...

Aromatherapy

Harness the benefits of the essential oils from flowers, herbs and plants to release stress, balance, and hydrate your skin. Acupressure facial techniques help to tone muscles increasing blood and energy flow toward a youthful and radiant skin.

Skin Brightening

Deep exfoliation stimulates, resurfaces, and smoothes skin texture to reveal new and radiant skin. Vitamin C and phyto-nutrients promote lightening of hyperpigmentation and support cellular repair.

INSPIRED BY THE WEST...

Anti-Aging

Experience our anti-aging facial which supports cellular rejuvenation using metabolic enzymes to firm and tone the skin.

Cooling Sensational

Designed to heal and repair the skin with nourishing botanical plants that increase oxygen, this facial soothes sensitive, sunburned and irritated skin.

Diamond Facial

This facial resurfaces the outer layer of the skin, boosts the growth of collagen and dramatically reduces hyper-pigmentation and fine lines.

Hydrating Vitamin C

An age-defying, hydrating facial using a concentrated vitamin C serum that neutralizes free radicals, helps build collagen and provides antioxidant protection.

FACIALS

Spa Grande Deep Cleansing Organic

A customized, European facial using an organic skin care line from Mother Nature. Perfect for all skin types.

Spa Grande Men

Customized specifically for men, this deep pore cleansing facial includes cleansing, exfoliation, extractions, face and arm massage, mask and moisturizing.

INSPIRED IN HAWAI'I...

Adult Acne Facial

This uses our results-driven acne line to address skin concerns and clarify impurities in the pores to re-balance the skin.

Back Facial

The facial for the back uses a deep cleansing purifying mask to reduce clogged pores and soften skin.

Kokoleka Mousse

This moisturizing facial uses chocolate and blueberry-scented organic products that are high in antioxidants to increase cellular renewal.

Royal Hawaiian Pohaku

An indulgent facial using all organic skin care and hot lava stones for the facial, scalp, hands and foot massage.

Royal Niu Facial

Harnessing the nutrient benefits of the coconut, and the detoxification benefits of lymphatic facial massage, this ritual leaves your skin replenished, toned and glowing. Ideal for headaches, nasal congestion and water retention.

Volcanic Ash

Volcanic ash absorbs and cleanses the skin of toxins and bacteria. Designed to purify, revitalize and tighten, also recommended for acne-prone skin.



FACIAL ENHANCEMENTS

Enhanced Facial Exfoliation

A more aggressive exfoliation with the product line used in your facial.

Enzyme Peel for hands and feet

Removes dead skin leaving them soft and hydrated.

Intensive Eye & Lip Contour

Includes lymphatic drainage around the eye area.

Spray Tan

Fake Bake sunless tanning to provide an even, beautiful sun-kissed look.

BODY THERAPIES

Body treatments are similar to facials, but made for the entire body. The skin is the body's largest organ; it is just as important to cleanse, exfoliate, hydrate and nourish the skin on your body as the skin of your face.

INSPIRED BY THE EAST...

Lavender Cocoon

Your body is massaged with lavender-infused oil before being cocooned in a soft warm blanket while Reiki is performed, a specific placement of the hands for energy treatment or if preferred, a scalp and foot massage.

Thai Cooling White Clay

This treatment starts with a full-body application of Thai white clay to moisturize and calm the skin. You are then cocooned while a scalp and foot massage is performed and finished with a cooling body gel application.

INSPIRED BY THE WEST...

Black and White Transformation

This transformative treatment starts with a full-body application of the activated charcoal masque. Your body is then enveloped in a cocoon and steamed to purge impurities, increase fluid circulation and stimulate lymphatic system detoxification, finished with a white kaolin clay face masque.

Pacific Seaweed Cocoon

This treatment starts with a papaya pineapple scrub followed by a seaweed masque. While you are cocooned, a scalp and foot massage is performed. Your journey is completed with a tropical lotion application.

Soothing Aloe, Noni and Mud Cocoon

This anti-inflammatory treatment draws out the heat with a full-body moor mud envelopment followed by an application of aloe to soothe skin irritations and sunburn.



INSPIRED IN HAWAII'...

Ali'i Honey Steam Cocoon

This treatment harnesses the nourishments of Grand Wailea's fresh and raw, rooftop honey. The treatment starts with a full-body mango exfoliation followed by an application of the raw honey on the entire body. Eucalyptus steam is used to maximize the absorption of the honey's nutrients leaving the skin soft, hydrated and vibrant.



Awapuhi (Ginger) Salt Body Glow

A full-body exfoliation of sea salt, ginger root, lemongrass, and a mixture of rich oils to deeply moisturize your skin. Perfect when added as a prelude to a Hawaiian lomilomi massage.

Essence of 'Olena and 'Awa

A three-in-one treatment combining full-body exfoliation, heated cocoon and Hawaiian lomilomi massage. Using ingredients indigenous to Hawaii, 'olena and 'awa, this treatment alleviates soreness and stiffness in muscles, increases circulation and strengthens the immune system, relieves fatigue, has anti-inflammatory properties and mild sedative properties to deeply relax your body and mind.

Hawaiian Herbal Steam Cocoon

A blend of awa, awapuhi, olena, noni, gotu kola, neem leaf Hawaiian salt and coconut oil is applied to your entire body followed by a full-body eucalyptus steam to excite the skin cells, purge impurities, oil and toxins from your pores. Combined with the nutritional and anti-oxidant benefits of the Hawaiian herbs, the circulation of the blood on the skin immediately increases maintaining and improving beauty, health and wellness.

Island Flowers Body Masque

A clay masque of crushed flower petals is applied to your body before your body is enveloped in a cocoon to absorb the clay's nutrients. A scalp and foot massage follows, finished with an application of island flowers dry oil.



BODY THERAPIES

Rainbow Rain Massage

Relax to the sound and feeling of Hawaiian rain on your body while being massaged. Choose natural, sun dried clays from one of the traditional colors of the rainbow, each with their own unique therapeutic benefits, exotic ingredients, essential oils, and herbal extracts. The clay is liberally massaged onto your body, allowing nutrients and anti-oxidants to be absorbed while the slow soft rain lulls you into deep relaxation.



Kokoleka Truffle Body Cocoon

This moisturizing body ritual uses chocolate and blueberry-scented organic products that are high in antioxidants to increase cellular turnover.

Maui Sugar Cane Exfoliation

Maui sugar cane combined with coconut and macadamia nut oil is used to remove dead skin cells and polish your skin for a younger and healthier glow.

Organic Mango Body Cocoon

This hydrating treatment starts with an organic, creamy masque applied to the body and mixed with a granulated exfoliate. You are then enveloped in a full-body cocoon with warm linens, where a scalp and foot massage is performed, finished with an organic honeydew lotion application.

Tropical Paradise

A three-in-one treatment incorporating full-body exfoliation, heated cocoon and a soothing massage, purifying and revitalizing your body.

Volcanic Ash Cocoon

Nature's powerful detoxifier is applied to your body purging impurities to revitalize your skin. This ritual is finished with a moisturizing lotion application.



MASSAGES

A soothing massage helps your body and mind unwind. It is also beneficial in relieving stress, body pain and stiffness, managing anxiety, blood pressure control, sports-related injuries, and boosting immunity.

INSPIRED BY THE EAST...

Aromatherapy

An aromatic massage combining the uplifting and harmonizing benefits of aromatherapy and the restorative benefits of massage.

Crystal Energy

This massage begins with a lemongrass body butter soothing application followed by an energy-balancing style of therapy. Reiki combined with crystals and semi-precious stones brings your body into balance. There is light-to-no-touch involved stimulating your body's natural healing process.

Shiatsu

A therapeutic massage using thumbs, palm pressure and elbows on specific pressure points to balance your body's Chi, relax muscles, release tension and improve circulation.

Shiatsu Back Walk

Deeply therapeutic, this massage is performed on a mat where the massage therapist uses a pole to balance their weight to "walk" on your back.

Thai

A massage focused on muscle stretching and acupressure to relieve tension.

Thai Herbal Bolus

A three-in-one treatment with a royal Thai massage (revitalizing acupressure) followed by an application of a heated herbal poultice packed with medicinal herbs and aromatherapy massage relieving sore muscles and fatigue.



Men's Tune Up

Designed by men for men, this treatment starts with a salt exfoliation intended to deep clean your skin's surface and yield proper circulation. The salt is rinsed with hot and cold water, stimulating your blood flow and getting your vital organs working to their peak potential. A combination of sports massage and shiatsu follows for deep muscle and tissue relaxation.



MASSAGES

INSPIRED BY THE WEST...

Deep Tissue

This is a deep muscle massage that is focused on specific muscle groups addressing postural imbalance, muscle tension, injury, and repetitive stress.

Sports

For the active individual, this style incorporates stretching and specific therapeutic techniques to help restore your body to optimum condition.

Swedish

This traditional-style massage incorporates long, flowing strokes using light-to-medium pressure.

Ultimate Foot Treatment

This is a restorative treatment increasing circulation in the feet and legs. Begin with an exfoliation and cleansing envelopment on your feet while enjoying a scalp, neck and shoulder massage. Then, drift away as the tension and fatigue are massaged from your soles to your toes.





MASSAGES

INSPIRED IN HAWAI'I...

Cocoa Butter Massage

A hydrating massage using a blend of cocoa butter and vitamin E. Uniquely hydrating.

Hawaiian Diamonds

Inspired by the green olivine, known as the Hawaiian Diamonds, this is a vigorous massage with heated aromatherapy oil and Hawaiian herbal powder followed by a Hawaiian lomilomi massage. Your body is misted with an olivine crystal herbal elixir, exfoliated lightly with herbal powder and cleansed with steamed linens for maximum penetration of the herbs. Finally, your therapist performs a traditional Hawaiian lomilomi massage and finishes with a scalp and foot massage.

Hawaiian Lomilomi

This traditional Hawaiian-style massage uses medium pressure strokes with rhythmic and fluid movements of elbows and forearms.

Pala'au Journey

Pala'au means "to heal with plants." Created on Maui, the products are lunar-and-stone-infused to enhance their synergy. This treatment begins with a Hawaiian lomilomi massage followed by a full-body cocoon and a scalp and foot massage.

Pohaku

Heated stones dipped in olive and avocado oil are incorporated in a traditional Hawaiian lomilomi massage.



Niu Coconut Muscle Relief

Raw, coconut fibers are brushed along your skin setting in motion a very powerful detoxification process enhancing lymphatic drainage, circulation, and cell regeneration. The dry brushing is followed by a massage performed with pure coconut oil moisturizing the skin and relieving painful inflammation while the gliding of coconut shells releases tension to both the superficial and deep layers of muscle.



MASSAGES

Six-Hand Lava Stone

Three therapists massage your entire body simultaneously with heated lava stones. The heat penetrates your muscles for a deep effect that is intensely relaxing and a luxurious indulgence.

Spa Grande Signature

Swedish, Hawaiian lomilomi and foot massage techniques are used with your choice of a tropical-scented lotion.

Hapai (Prenatal)

Using cocoa butter to hydrate, Spa Grande invites expectant mothers, after the first trimester, to indulge in this full-body massage.

Duo

Enjoy simultaneous, side-by-side massages in one of our signature couples' suites or outdoor hale.

MASSAGE ENHANCEMENTS:

Abdominal Massage

Applying the principles of Chi Kung, the abdomen is massaged with deep, soft and gentle touch to transform the “chi” of your internal organs.

Foot Massage

Activates the nerves of the feet to alleviate energy blockages and release pain.

Scalp Massage

Clear your mind and increases blood circulation in the brain.

Simultaneous Scalp and Foot Massage

SPA GRANDE PACKAGES

Āina (Earth)

Termé, exfoliation, Hawaiian lomilomi massage, volcanic ash facial, shampoo and blow-dry, or men's haircut and one lunch voucher.

Lōkahi (Harmony)

Termé, one-hour personal training session, choice of one hour private yoga, meditation or pilates and a choice of shiatsu or Thai massage.

Makani (Winds)

Termé, cooling sunsational facial, Thai cooling clay, hair treatment and scalp massage, shampoo and blow-dry or men's haircut.

Waialele (Waterfalls)

Termé, seaweed masque, seashell massage, deep cleansing facial, shampoo and blow-dry or men's haircut.

Wela (Heat)

Termé, Hawaiian salt exfoliation or ali'i honey and steam exfoliation, pohaku massage, scalp and foot massage, and a pohaku facial.

Spa Grande Treasures

Termé, signature massage, deep cleansing facial, grand paraffin manicure and pedicure, and a choice of shampoo and blow-dry or men's haircut.

Customize your Own Package

Create your own Spa Grande program with three or more spa treatments on the same day and receive 15% off (excluding enhancements).

FAMILY SPA PROGRAM

Malama Ka 'Ohana (2 Adults & 2 Children)

Your family may enjoy side-by-side massages in the same spa suite. Adults will benefit from Hawaiian lomilomi while your kids will enjoy chocolate-coconut massages.





KU'UIPO (SWEETHEART) PACKAGES

Duo Pala'au Journey

Termé, side-by-side Hawaiian lomilomi massages followed by full-body cocoons, and scalp and foot treatment utilizing the healing plants of the Hawaiian Islands.

Hale for Two

Termé, awapuhi and lemongrass footbath with exfoliation, side-by-side Hawaiian lomilomi massages, and two kimono spa robes. Performed in an outdoor thatched-roof cabana in the South Hawaiian gardens.

Luxurious Lavender for Two

Termé, lavender exfoliations, crystal energy body cocoons, side-by-side lavender body-butter massages and two lunch vouchers.

Romantic Interlude for Two

Termé, aromatherapy cocoons, couples bath and side-by-side duo massages.

20-Hands Duo Massage

This luxurious treatment is recommended for experienced spa-goers only, due to the overwhelming stimulation of 10 hands simultaneously massaging each body. One therapist is focused on the scalp, one on the lower left-side of the body, one of the lower right-side of the body and two on the upper portion of the body including back and torso. The Swedish massage technique is performed in perfect unison. Advance reservation is required.

Royal Niu Dream for Two

Termé, side-by-side coconut exfoliation using coconut fibers followed by coconut-butter body cocoons with scalp and foot massages. Next, couples will enjoy a 25-minute coconut milk bath and finish with a 50-minute massage performed with coconut oil, shells and husks. The gliding and rolling of smooth coconut shells and husks across muscles promote muscle relaxation, and physical well-being through detoxification.



TEENS AND KEIKI SPA THERAPIES

Hormones, peer pressure, sports and academics combined with rapid growth and development; teens and kids are constantly in a high-stress environment. Massages may provide relief of muscle tension, lowered stress hormones, increased sense of relaxation, improved immune function, and even a heightened ability to concentrate. It also helps them connect with their evolving bodies, improve body image and sleep patterns, and contribute to decreased anxiety and stress.



MASSAGE AND BODY THERAPIES

- Aroma Massage
- Chocolate Coconut Polish
- Cocoa Butter Massage
- Crystal Massage
- Mud Body Cocoon
- Wave Massage
- Thai Massage

FACIALS*

- Acne Facial
- Spa Grande Facial
- Tropical Facial

TEEN SPA PACKAGES

(13 TO 17 years of age)

Anuenue

25-minute crystal massage, facial of your choice, manicure and pedicure, hairstyling and henna tattoo.

Kelekele

25-minute wave massage, 50-minute mud body cocoon and a 25-minute facial of your choice.

Kokoleka

25-minute cocoa-butter massage, chocolate-coconut exfoliation and facial of your choice.

Teens 16 years and older may experience the termé hydrotherapy circuit. Spa Grande is clothing-optional, therefore teens and keiki under 15 years of age may enjoy only the spa treatments.

Spa Grande offers a variety of services for keiki and teens including spa packages, salon services, fitness assessments and classes.

*Mini facials do not include extractions.



THE GRAND SALON

The Grand Salon is a full service beauty salon located in the Spa Grande lobby offering the latest techniques, products, and services, all tailored to your unique needs. Our trained designers provide the highest quality hair care services in a calming and relaxing environment.

The Grande Salon provides:

- Bridal services
- Color consultation, correction and enhancement
- Foot massages
- Hair cut and color services
- Manicures and pedicures
- Styling classes

THE FITNESS CENTER

The 5,000 square foot Fitness Center is equipped with cardiovascular equipment including treadmills, stair climbers, recumbent and upright bicycles, impact-free elliptical trainers, and top-of-the-line strength-training equipment. A separate Sports Court and Exercise Room allow for creative work-out programs.

Our professional fitness specialists are ready to help you achieve optimum health of mind, body and spirit. Personalized wellness programs and one-on-one fitness consultations provide the proper guidance to attain inner balance and physical strength. With the latest industry equipment and personal instructions, the fitness center provides the means to reach your personal goals.



Mahalo for choosing Spa Grande. We hope to indulge your senses, nurture your soul and restore harmony to your body. May your quest to health and wellness be fulfilled.
—Spa Grande 'ohana



Spa Grande

Located inside Grand Wailea, A Waldorf Astoria Resort.
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